

Fulton-El Camino Recreation & Park District

FECRPD Newsletter | Vol. 2 • Issue 3 | March 2026

Celebrating 70 years of FEC: Our Park District Turns 70!



1956 - 2026

We're gearing up to mark 70 incredible years of serving our community and you're invited to celebrate with us! Keep an eye out for exciting news and special event announcements as we honor this milestone together. For all the latest updates and information, visit our website at www.fecrpd.com. Everyone at FEC can't wait to celebrate with you!

70th Anniversary Events:

Saturday, May 9

Music in the Park – Cross Town 5 – Howe Park
70th Anniversary Celebration
2pm–5pm

Saturday, June 27

Party in the Park – Dueling Pianos – Conzelmann Community Center
Gala benefit fundraiser
5:30pm–9:00pm

Friday, July 10

Dive In Movie – Cottage Pool
Public Swim 7:00 pm - 8:30
Movie at Approx. 9pm

FEC Board of Directors

Teresa Higgins - Chair
Michael Seaman - Vice Chair
Kathleen Stricklin - Secretary
Chris Fischer - Director
Laura Lavallee - Director



General Manager's Message

Dear Neighbors,

As winter fades and spring begins to show itself, we're excited to reconnect with you for our March newsletter. On behalf of the Board of Directors and District staff, welcome back! This season brings new opportunities to get outside, try something different, and strengthen our community ties across the park district. We can't wait to see you in our parks and programs this spring.

Measure Q: With approval from the Board, FEC has repaired and upgraded the safety lighting at the Conzelmann Community Center. These improvements make the center safer and more welcoming after dark. Want to know what else Measure Q is making possible? Visit our website for the latest

Friday, August 14

Dive In Movie – Cottage Pool

Public Swim 7:00 pm - 8:30

Movie at Approx. 9pm

For more information on celebrations for FECs 70 anniversary check out our webpage at www.fecrpd.com

[Read More](#)

FECRPD 2026 Spring, Summer & Fall Activity Guide

FEC El Camino Recreation & Park District
Spring, Summer & Fall 2026 Activity Guide
Presented by: Friends of FEC
Celebrating 70 Years of Parks, People and Community
2201 Cottage Way Sacramento, California 95825
Phone: (916) 927-3802 Fax: (916) 927-3805
Website: www.fecrpd.com

We're excited to announce that our annual Activity Guide is now available online! You can browse the full range of programs, events, and resources we've planned for the community this year by visiting our website at www.fecrpd.com. Whether you're interested in youth sports, adult fitness classes, swim lessons, or family-friendly events, we've got plenty of options for you to explore.

Printed guides are available upon request by mail or can be picked up at the District office, located in the Conzelmann Community Center at Howe Park (2201 Cottage Way).

[Discover More](#)

updates on current and completed projects. [Measure Q Project Updates Click: Here](#)

We look forward to keeping you informed, and we will share updates as soon as they become available.



Park Safety: Park Safety: Our parks are places to relax, but it's always smart to stay prepared. The Sacramento County Sheriff's North Central District 4 keeps an eye on all FECRPD parks, so help is never far away. If there's ever an emergency, just call 9-1-1 right away. For anything less urgent please reach the Sheriff's non-emergency line at 916-874-5115. You're also welcome to contact the FEC District office at 916-927-3802 or send us an online submission ([Click Here](#)).

Programs: Registration for the FEC Stingray Aquatic teams opened in February and runs through April. Sign-ups for Adventure Club and Teen Lounge 360 summer camps start March 24th. We're excited to welcome your kids to an unforgettable summer experience! For details or to register, visit our website or check out the [Spring, Summer, and Fall Activity Guide \(Click Here\)](#).



Measure Q Projects & Updates

See your Measure Q dollars in action! Stay in the loop on how we're upgrading parks and facilities, and track the latest project milestones as we make improvements across your community's Parks and facilities.



Want to attend the next Measure Q Oversight Committee meeting?

Next Meeting: April 14, 2026 6:00 pm at the Conzelman Community Center (2201 Cottage Way).

[Read More](#)

Park Improvements: Alongside our Measure Q projects, FEC is always looking for ways to make our parks safer and more enjoyable for everyone in the community. If you spot an area that could use a little extra care, whether it's maintenance or another improvement please let us know. Your feedback helps us keep our parks at their best! You can submit your suggestions online by [clicking here](#).

Warm regards,

Emily Ballus, General Manager

The logo for 'Parks Make Life Better!' with 'Parks' in green, 'Make' in purple, 'Life' in orange, and 'Better!' in blue.

Event Recap: Annual Trout Fishing Derby



If you wandered anywhere near the water on Saturday, February 21st, you probably saw the rods in hand, early-morning coffee in the air, and over 180 hopeful anglers ready for a day of friendly competition. That's right, it was time for FEC's annual Fishing Derby! This year, the action doubled with not one, but two separate contests, so there was twice the chance to brag about your catch.

The excitement wouldn't have been possible without a big boost from California's Department of Fish and Wildlife's Fishing in the City program, who helped stock the waters and spread the word. And let's not forget the behind-the-scenes magic from the folks at California Fly Fishers Unlimited, whose volunteers tied flies, untangled lines, and cheered on every cast.

Whether you landed a whopper or just enjoyed the sun and stories, this Fishing Derby was a day to remember. If you missed it, don't worry there's always next year, and maybe you'll be the one reeling in the big one!

Program Spotlight: FEC Summer Camps



Adventure Club
YOUTH SUMMER CAMP
Ages: 5-10
Located at 3097 Cottage Way, 95825
Session Times and Fees
Full Day: 7:30am-5:30pm Mon-Fri
Get ready for an unforgettable summer filled with fun, learning and adventure! Our summer camp offers themed weeks packed with indoor and outdoor activities to spark your child's creativity, curiosity, and teamwork skills. Pack two snacks and a full lunch each day. Children must wear closed toe and heeled shoes. Bring a water bottle daily. www.fecrpd.com
Weekly Fee: Res. Discount - \$185 Non-Res - \$205
Get ready for an unforgettable summer filled with fun, learning and adventure! Our summer camp offers themed weeks packed with indoor and outdoor activities to spark your child's creativity, curiosity, and teamwork skills. Pack two snacks and a full lunch each day. Children must wear closed toe and heeled shoes. Bring a water bottle daily.
Weekly Sessions
Session 1: June 15 - June 19 (Closed June 19th)
Cowboys & Critters - Big Country Breakfast
Session 2: June 22 - June 26
Secret Agent Academy - Scavenger Hunt
Session 3: June 29 - July 3 (Closed July 3rd)
Splatter & Shine Week - Color Run
Session 4: July 6 - July 10
Hero Headquarters - Sea Show
Session 5: July 13 - July 17
Haunted Mansion of FEC - Escape Room
Session 6: July 20 - July 24
Hollywood Star - Talent Show
Session 7: July 27 - July 31
Treasure Seekers Camp - Mini Golf
Session 8: Aug 3 - Aug 7
Action Zone Athletics - Water War







Lounge 360
TEEN SUMMER CAMP
Ages: 11-14
Located at 3097 Cottage Way, 95825
Space is limited to 10 Participants
Session Times and Fees
Full Day: 7:30am-5:30pm Mon-Fri
Registration opens Tuesday March 24th, 2026, starting at 5pm www.fecrpd.com
Weekly Fee: Res. Discount - \$200 Non-Res - \$220
The Lounge isn't your typical day camp—it's a space where teens'll gain real-world skills, build lifelong friendships, and express who they are. Whether they're crafting a short film, building a resume, or planning a community project, The Lounge is where Independence meets fun.
Weekly Sessions
Session 1: June 15 - June 19 (Closed June 19th)
Forensic Science - Urban Photo + Video Walk in Old Sacramento
Session 2: June 22 - June 26
Sports and Wellness - Bike + Trail Endurance Challenge
Session 3: June 29 - July 3 (Closed July 3rd)
Foodie Lab - California Pizzeria Kitchen
Session 4: July 6 - July 10
Beginning Coding - Code Racers Grand Prix
Session 5: July 13 - July 17
Community Heroes - Community Engagement Project
Session 6: July 20 - July 24
Art Lab - Creator Clash: Media, Games & Art Battle Expo
Session 7: July 27 - July 31
Media Takeover - Skate Park Sports Filming
Session 8: Aug 3 - Aug 7
Final Showdown - Indoor Rock-Climbing Challenge





This is not a program of the San Juan Unified School District. San Juan accepts no responsibility or liability for this program

Youth Summer Camp (Ages 5–10)

Registration opens: Tuesday, March 24 at 5 PM

- Enjoy themed weeks full of indoor and outdoor activities designed to spark creativity, curiosity, and teamwork.
- Eight weekly sessions, Monday through Friday, 7:30 AM – 5:30 PM
- Weekly fees: \$185 (residents) | \$205 (non-residents)
- Campers should bring two snacks, a full lunch, a water bottle, and wear closed-toe, heeled shoes each day

Teen Summer Camp – “The Lounge” (Ages 11–14)

Registration opens: Tuesday, March 24 at 5 PM


- A unique space where teens build real-world skills, form friendships, and express themselves through projects like short films, resume-building, and community event planning.
- Eight weekly sessions, Monday through Friday, 7:30 AM – 5:30 PM
- Weekly fees: \$200 (residents) | \$220 (non-residents)
- Limited spots: Only 10 participants

Don't miss out—spots fill up fast! For more information, visit www.fecrpd.com.

Read More

District Contacts:

District Office	916-927-3802
Weekend Maintenance	916-696-4498
Emergencies	9-1-1
Sheriff Non-Emergency	916-874-5115

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